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Dear Staff at Forest Hill C.I.,

### Re: Mumps cases in your school

Toronto Public Health (TPH) continues to investigate a mumps outbreak that has spread more broadly in the community. There are now two lab confirmed cases of the mumps that are related to Forest Hill Collegiate Institute.

Since there are now two mumps cases in your school, TPH will be increasing measures to prevent the spread of the mumps in this school setting including excluding students who are not up to date with mumps vaccines or immune to mumps infection, beginning March 27, 2017. Staff may also be excluded.

You can determine if you are immune to the mumps by the following:

- **If you were born before 1970:** You are assumed to be immune to mumps because the mumps infection was circulating widely before 1970 and you likely had mumps infection.
- **If you were born on or after January 1, 1970,** there are two ways to be considered immune to the mumps:
  - i) Documentation of two doses of the mumps vaccines (MMR or MMRV), **or**
  - ii) A blood test showing immunity to mumps infection (IgG+)

Please check your yellow immunization card or ask your family health care provider about your current immunization status. If you do not have two doses of the mumps vaccine, you can obtain the required vaccination from your health care provider or by attending one of TPH's school vaccination clinics that will be held during the week of March 27, 2017. Please note that all staff must provide proof of their mumps immunity by April 3, 2017 to avoid a possible exclusion from work.

In the meantime, please continue to watch for symptoms of the mump. The mumps infection causes fever, swelling of one or more salivary glands, loss of appetite, tiredness, and headache. If you become ill, contact your health care provider and do not attend work.

More information can be found at [www.toronto.ca/health](http://www.toronto.ca/health). If you have any questions, please call Health Connection at (416) 338-7600 during business hours (8:30am to 4:30pm).

Sincerely,

Vinita Dubey MD CCFP FRCPC  
Associate Medical Officer of Health